

2018 Caberfae Edition Race Instructions – 8 Hours

- All sections/TAs must be done in order. TA 1-2 are mandatory. TA 3-4 have short course options.
- Check in and punch passport (flags) at all TAs when you arrive (for splits and safety tracking). Check in AND out at TA 1 and 4. Don't forget to punch.
- Outhouses are only available during the canoe section, at Lincoln Bridge campground along way and Elm Flats (TA 4). Elsewhere, bring toilet paper, find an out-of-the-way place away from water, dig a hole.
- Water will be at TA 2 and TA 3. You may detour to Caberfae to fill up before TA 4.
- Water (handpumps) at Silver Creek campground (just below Walker Bridge) and Lincoln Bridge Campgrounds.
- No GPS. 100 foot rule. Obey traffic laws. Call 911 for medical emergencies (provide name, location if known and in MI Adventure Race).
- US-55/Caberfae Highway and M-37 are off limits for running or biking along except quickly to cross 55. You MUST turn in your passport even if you don't want to be scored OR must call us if withdrawing from race.
- Main contacts (missing flag, quitting race, other race issues): Mark VanTongeren - 616.460.9331; Try text if no response. Caberfae mainline – 231.862.3000.

Start Caberfae Peaks Resort.

CP 27 hilltop (on foot)

Bike to TA 1.

CP 28 spur

CP 29 shallow bowl

TA 1 Open field along Forest Service Road 5406 at 5274. Drop bikes where directed. Punch flag and check in with volunteer.

Trek area. Obtain at least 3 checkpoints (CPs) from this section, in any order. (CPs 1-8 were in 18-hour race.)

CP 9 hilltop

CP 10 bowl/valley (on foot; after you get TA 1)

CP 11 neck/bridge

CP 12 spur

CP 13 mini hill-top

CP 14 hilltop

Check out with volunteer. Bike to TA 2.

CP 15 creek

CP 16 road intersection (may be hidden/low)

TA 2 Walker Bridge Landing. Punch flag and check in with volunteer. Water here. Leave your bike where directed. We will have it for you at finish. You must take your bike gear with you (ensures it won't get lost/taken).

Paddle Pine River to Elm Flats. No portaging. NO CPs along way (doesn't matter; all must complete).

Short course 1 option: You may skip the paddle section and go to TA 4 or the finish via CP 17. You'll rank below any teams that reach TA 4 and finish on time.

You must start the paddle section by 2:30 pm (may be adjusted based on conditions).

TA 3 Elm Flats Landing. Leave canoes and paddle gear where directed. Punch flag and check out with volunteer. Access gear bin here.

Bike to TA 4 (you may detour to Caberfae if you need gear, fluids, restrooms, etc.).

Short course 2 option: You may skip TA 4 and go to the finish via CP 17. You'll rank below any teams that reach TA 4 and finish on time.

CP 17 road intersection (may be hidden/low)

CP 30 hilltop

TA 4 Caberfae Overlook Area. Drop bikes away from flag. Punch flag and check in with volunteer.

Trek overlook area. All CPs are optional.

CP 18 hilltop

CP 19 bowl (small valley)

CP 20 plateau

CP 21 depression

CP 22 saddle

CP 24 hilltop

CP 26 hilltop

Check out. Bike to finish.

FINISH: Caberfae Peaks Resort. Congratulations! What an amazing accomplishment. Return before the 8-hour cut-off to be a ranked team. You will be penalized 1 checkpoint beginning at 8 hours for EACH minute you are late beyond 8 hours. After 10 minutes of elapsed time, you will become an unranked team.

If you will be more than 30 minutes late, call us and we'll try to arrange to have you picked up.



MICHIGAN
ADVENTURE RACE